"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:6-7

Pray for the Democratic Republic of Congo. Just last month, the M23 rebel group took control of Goma's airport in the eastern Democratic Republic of Congo. This action disrupted important aid routes and increased tensions in the area. The fighting has forced many people to flee their homes, creating a significant humanitarian crisis. Hospitals in Goma are overwhelmed with injured people, and there are reports of looting and other crimes. We lift up the nation to the Lord, who is near to the brokenhearted and saves those who are crushed in spirit (Psalm 34:18).

We pray for peace and stability in the DR Congo. May those who have fled find safety, comfort, and the help they need. We ask for protection and strength for healthcare workers and others providing aid to the wounded and displaced. We also pray for our local partner, CBCA, who's working tirelessly in the region. Pray that God would shield them and grant them wisdom and endurance. Pray for the hearts of leaders and those involved in the conflict to seek peace and justice. May God's love and justice reign in the midst of this crisis.

## Continue to pray for the conflict in the Middle

**East.** After a 15-month conflict resulting in over 47,000 deaths and mass displacement, a ceasefire was established between Israel and Hamas. The people of Gaza face overwhelming challenges as they return to homes and neighborhoods in ruins, with hospitals and basic infrastructure barely functional, leading to significant health challenges.

Pray for the people of Gaza as they rebuild their lives amid destruction. May God provide strength, hope, and access to essential services like healthcare and clean water. Pray also for Israeli families as they recover from the trauma of the conflict. May God bring comfort to the grieving and peace to those living in fear. We ask for prayer that the ceasefire holds and leads to genuine reconciliation between both sides. May peace prevail and hearts be transformed by God's love.

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Please pray for both Sudan and South Sudan in light of the escalating crisis. In January 2025, Sudan's military made gains against the RSF, reclaiming the al-Jaili refinery and lifting the siege on their Khartoum headquarters. In the midst of this, over 12 million remain displaced, with widespread hunger and civilian attacks, including a tragic assault on El Fasher's only functional hospital, killing around 70 people.

We pray for peace and healing in Sudan. May God protect the innocent and provide for those who have been displaced. We ask for strength and wisdom for healthcare workers and aid providers as they care for the wounded and sick. May the leaders seek a peaceful resolution to the conflict, guided by compassion and justice.

We also lift up South Sudan, which has faced unrest due to violence spilling over from Sudan's conflict. The recent lifting of a nationwide curfew, imposed after deadly riots, indicates a move towards stability. Pray also for the safety and well-being of our local partner working in South Sudan. May God grant them protection and courage as they serve their community. We ask for peace between neighbouring nations and for the healing of divisions. May peace prevail in both Sudan and South Sudan.

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