

Discovery Team Ethiopia | July 2019

This 2-week Discovery Team experience is designed to help you understand and experience Ethiopia through the lens of the poor, the church, and those committed to breaking the cycle of poverty.

Participating in a Discovery Team provides you with the opportunity to witness first-hand the programs you support and understand how as a result of Tearfund's projects, families and entire communities are being transformed.

Past discovery team participants have found that a trip can be incredibly influential in how they think about and engage with the world, as it promises to be life-changing.

Would you consider joining a Discovery Team?



Why Should I Participate?

Participating in a Discovery Team provides you with the opportunity to discover your impact as a supporter of Tearfund Canada's international work. It helps to shape your understanding of the need and experience for yourself how your financial support is used to empower people across the globe.

Over the course of the 2 weeks, Discovery Team members will visit several communities in Ethiopia, meeting farmers, church leaders and members of self-help and savings groups. You will learn about the importance of conservation agriculture and savings groups, and the impact that these programs have on entire communities. Participants will also learn how Tearfund works with pastors and supports the local church.

Meeting the people you support and building relationships with our national partners helps you to put names and faces to beneficiaries, promoting a dignified view of those in need.

Discovery Team experiences are inspiring and often evoke a passion for the world and your involvement in it. Upon returning, we encourage you to share your stories and experiences with your family, friends, churches and co-workers!

As a past Discovery Team participant remarked "I would love to see more supporters participate in a discovery trip. I would want other donors to know that Tearfund impacts lives where the need is greatest."





CANADA

July 2019 Discovery Team Ethiopia

Location:	Ethiopia, Africa
Dates:	<ul style="list-style-type: none"> • 12 days total – 10 days in Ethiopia, Africa • Thursday July 11: Depart from Toronto in the morning • Wednesday July 24: Depart from Addis Ababa– arrive July 25th in Toronto
Cost:	<ul style="list-style-type: none"> • \$4000 all-inclusive cost. • This cost includes: airfare, accommodations, in-country food and transportation, and visas. Note: immunizations and other pre-departure health costs are only included in this amount if coverage cannot be attained through the participant's personal benefit plan. • The cost does not include: travel health insurance, passports, and medications (anti-malaria and anti-diarrhea)
Tax Receipts:	Discovery Team expenses are tax receiptable, participants may raise support
Team Leaders:	Wayne Johnson – Tearfund Canada President, Don Miller – Church Engagement Director

**In cross-cultural travel the key word is “flexibility”. Although we have made our best efforts to ensure that the information is accurate, all costs and opportunities to learn and discover are subject to change.

What to Expect

The Discovery Team Experience:	<p>During a Discovery Team trip, we seek to ensure that each participant has opportunities to learn, grow and become better equipped in their understanding of Tearfund Canada's work. This experience is designed to provide participants with a deeper understanding of:</p> <ul style="list-style-type: none"> • The development projects and programs • The communities and individuals we support • The problems and challenges unique to the country and context • The impact and transformation occurring as a result of our programming • Ethiopian lifestyle and culture • How God is working in the lives of individuals and entire communities
Team Size:	<p>6 - 8 Canadians, maximum</p> <p>While in Ethiopia, the group may be split into smaller learning teams to ensure quality personal interaction and learning experiences</p>
Ministry Opportunities:	<p>This is designed as a learning experience, not a ministry or service experience. However, there may be opportunities to share and minister among our Ethiopian brothers and sisters. Please be prepared for:</p> <ul style="list-style-type: none"> • One 3 to 10 minute short devotional, testimony or explanation of a favourite Bible verse (please inform team leader if you are not comfortable sharing) • Prayer ministry for and with our Ethiopian brothers and sisters • Sharing the challenges and victories that you face in your day-to-day Christian journey

Discovery Team Highlights:	<ul style="list-style-type: none"> • Vibrant Africa – urban and rural <ul style="list-style-type: none"> ○ Experience an African market ○ Attend one or more African church worship services ○ Share meals with African leaders and families • Interaction with the Wolaita Kale Heywet Church, tribal and government leaders • Come to a deeper understanding of the different programs offered and the real impact that they have on the Ethiopian people • Sit in on a Self-Help Group meeting • Meet farmers who have embraced Conservation Agriculture and now have real hope for the future • Hear first-hand how people are breaking the cycle of poverty and transforming their lives • Opportunity to visit Lalibela, famous ancient churches cut into the rock
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Logistics

Where will we stay?	<p>Accommodations could include guesthouses, small hotels or the private homes.</p> <ul style="list-style-type: none"> • We will stay in at several different locations during our Ethiopia experience. Each will have mosquito nets, running water, and access to showers (possibly cold).
What will we eat?	<p>A mix of African and North American food.</p> <ul style="list-style-type: none"> • There are typically more cooked vegetables and less meat than the normal Canadian diet. Meat dishes will include chicken, goat, beef, or fish. • Bottled or filtered water will be provided daily. • Eating with hands is typical. (Hand sanitizer is recommended).
Toilets, water, internet, and cell coverage:	<ul style="list-style-type: none"> • Shared washrooms, outhouses and “stopping by the side of the road” • Hot water may not be available in some accommodations. • Internet access is very limited and slow. Participants will not be in daily contact with home. • It is possible to get a SIM card for an unlocked cell phone for cell connection in Ethiopia.
Immunizations:	<p>Immunizations are mandatory.</p> <ul style="list-style-type: none"> • Tearfund Canada will advise you on the immunization process. • You will need to visit a health clinic before leaving where you will receive immunizations for yellow fever, hepatitis, typhoid, tetanus, and an antimalarial prescription. (The travel health clinic will advise you on what immunizations are needed)
Baggage:	<p>In-country vehicles have restricted luggage space. Please pack only one suitcase and one carry on.</p>
Vehicle travel:	<p>All travel in Ethiopia is vehicle based, in Toyota Land Cruiser 4x4's. We will travel from the capital of Addis Ababa to our base in Sodo, a journey of approximately 6 hours.</p>
Daily Debriefs:	<p>Cross-cultural travel is often extremely stretching. Participants will have daily debriefs led by experienced team leaders to ensure maximum learning and a deeper understanding of the local cultural context.</p>

<p>Pre-Departure Training:</p>	<p>Pre and post-departure training is designed and delivered to encourage personal growth, spiritual development and cultural awareness. Pre-departure training will help equip participants to effectively relate cross-culturally and make a positive impact on hosts and national leaders. It will include:</p> <ul style="list-style-type: none"> • Reading assignments (books and articles) • Viewing DVDs • Completing inventories/surveys • Three 90-minute team meetings via Skype • Packing and travel tips • Praying for the host country and its people
<p>Leadership:</p>	<p>Each Discovery Team experience is unique, but it is expected that training experiences will come from:</p> <ul style="list-style-type: none"> • Pre-departure Training: Nancy Jane Johnson – Director, Kukuza • In-country Lead: Bereket Tassewe – Executive Director, Terepeza Development Association • Tearfund Canada Leadership: Wayne Johnson – President and CEO, Don Miller – Church Engagement Director
<p>Re-entry Debrief:</p>	<p>2 weeks after returning from your discovery trip there will be a debriefing to ensure maximum learning. This debrief will help to ensure that new learnings are integrated into your life experience</p>
<p>Passports:</p>	<p>Participants require a valid passport that expires no earlier than December 2019. Visas are also required. Tearfund Canada will assist with visa applications.</p>
<p>Ticketing:</p>	<p>Tearfund Canada arranges all ticketing through our travel agent who specializes in African travel.</p>
<p>Travel insurance:</p>	<p>Each participant will be required to provide proof of medical travel insurance.</p> <ul style="list-style-type: none"> • Participants can be covered from an employer’s benefit plan or by purchasing coverage through a bank, travel agent or credit card company.
<p>Release / Waiver Form:</p>	<p>Each participant will be required to sign a Release/Waiver form.</p>
<p>Confirm your participation:</p>	<p>Please email Andrea at asher@tearfund.ca to confirm your participation.</p> <ul style="list-style-type: none"> • A \$250 registration fee will be required at the time of registration. This will be deducted from your total trip cost. • The total payment must be received no later than 30 days prior to departure.
<p>Questions?</p>	<p>If you have any questions about the Discovery Trip please contact Andrea Sherk at asher@tearfund.ca or 905-415-8181 ext 216.</p>

Tentative schedule – July 11-25, 2019

Day	Date	Travel	Comments
Thurs	11-Jul-19	Depart from Toronto to Addis Ababa, Ethiopia	7-hour time difference from Toronto. This is a direct flight
Fri	12-Jul-19	Arrive Addis Ababa morning	Orientation day in Urban setting & rest
Sat	13-Jul-19	Travel to Wolaita Area—Town of Sodo – 6 hours via car	The Terepeza Development Association has been our partner in Ethiopia for 30 years. Each year they train over 3,500 farmers in conservation agriculture http://terepeza.org/
Sun	14-Jul-19	Wolaita Rural Church	Meet with pastor. Rural community orientation Note the itinerary for next 5 days is likely to change. These are the 5 main things that would be covered
Mon	15-Jul-19	Wolaita area	Conservation agriculture
Tues	16-Jul-19	Wolaita area	Land reclamation, family visit
Wed	17-Jul-19	Wolaita area	Farmer training through the Church
Thur	18-Jul-19	Wolaita area	Self-help groups – economic empowerment of women
Fri	19-Jul-19	Wolaita area	Community impact through church pastor training
Sat	20-Jul-19	Travel to Addis – 6 hours via car	
Sun	21-Jul-19	Urban Church experience	Meet with Pastor if possible
Mon	22-Jul-19	Fly to Lalibela Rock churches in North Ethiopia with TDA staff member	https://en.wikipedia.org/wiki/Lalibela foundation of the early church in Africa
Tues	23-Jul-19	Lalibela	
Wed	24-Jul-19	Fly to Addis, then fly to Canada Flight to Toronto, Canada	This flight makes a refueling stop in Dublin, Ireland.
Thurs	25-Jul-19	Arrive in Toronto	

Ethiopia, Africa

Ethiopia is located in East Africa in what is commonly referred to as the Horn of Africa. It is home to over 107 million people and the majority of people rely on agriculture for their livelihood.

Ethiopia was an empire until 1974. Apart from a brief occupation by Italy under Mussolini, Ethiopia was never colonized.

A military coup in 1974 deposed of Emperor Haile Selassie and marked the beginning of a long civil conflict, peaking in the Red Terror of 1977. In May 1991, the Ethiopian People's Revolutionary Democratic Front overthrew the socialist government, and the country has been stable since.

In the late 1990s, Ethiopia was at war with Eritrea over the demarcation of their border. In the West, Ethiopia became shorthand for the horrors of starvation during the 1984 famine, as shocking images beamed around the world and Live Aid was launched in response.

In recent years, Ethiopia has produced enough food to feed its population, but policy, conflict, poverty, lack of education and lack of infrastructure has prevented supplies reaching the people who need them. Malaria is a major health issue, as is HIV, which is made worse by gender inequality.

Lack of clean, safe water sources presents another health risk. Many water sources are unreliable, contaminated and a long way from home. There is also a lack of knowledge about the links between water and sanitation, leading to poor hygiene practices and poor health.

In Ethiopia, Tearfund Canada partners with the Terepeza Development Association, the community development arm of the Ethiopia's Wolaita Kale Heywet Church to promote Self Help Groups and Conservation Agriculture. Self-Help Groups are village-based financial cooperatives composed of 10-20 people. Through regular, very small savings contributions, each group builds up loan funds to help members exit poverty through building small businesses and accessing a loan fund to pay for emergencies and basics like school fees and health care.



Conservation agriculture is a set of soil management practices that minimize the disruption of the soil's structure, composition and natural biodiversity. Techniques include mulching, no-till cultivation, and smart crop rotation. Conservation agriculture is extremely effective, often doubling a farmer's yield and producing much more crop diversity.

Please visit our website at <https://tearfund.ca/portfolio-item/ethiopia/> for more information about our work in Ethiopia.

Additional Resources :

<https://www.youtube.com/watch?v=yXxwa4BVLjA> – Ethiopian tourism video

<https://www.youtube.com/watch?v=fwihu7o6YxM> – Documentary on Ethiopian History

<https://www.youtube.com/watch?v=bVki9t3anJU> – Documentary on Haile Selassie



Questions?

If you have any questions about Discovery Teams or about the application process, please don't hesitate to contact Andrea Sherk at asherk@tearfund.ca or 905-416-8181 ext 216.



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